

## NOVEMBER 2018

All events and programs are complimentary and you are always welcome to bring a friend.

Just RSVP by calling **484-568-4777**.

Lincoln Court Shopping Center: 235 Lancaster Avenue, Malvern



SAGE**LIFE** Living to the Power of You



## Ross Kershey Lecture

#### Everybody loves Ross.

He makes every topic fascinating and he has a lot to work with this month. He'll talk about famous and infamous Supreme Court decisions.

Monday, November 5, 1 PM

## Pick Up a Pumpkin Treat

#### We're Celebrating Pumpkin Spice Season!

Pop in, learn about Echo Lake and take home a special treat that will be a perfect addition to your Thanksgiving celebration.

Tuesday or Wednesday, November 20 or 21, 10 am - 2 pm

## Join us for an Enlightening Brunch

#### Thursday, November 15 at 11 AM

Learn all about options in retirement living and discover Echo Lake...enjoy a delicious catered brunch, too.

# The Models are Open!

### And they're gorgeous!

Escorted tours are available now. Call for an appointment and meet us at the Welcome Center.



Watercolor

Yes, you can! Everyone can be an artist. Come fall in love with the simplicity and beauty of watercolor painting. Taught by Beth Clark, MFA, Pennsylvania Academy of Fine Arts. MONDAYS, 3:00 PM



Happy Hour

Pop in (no RSVP required) and have a glass of wine, beer, or a soft drink and learn what's new at Echo Lake or tell us what's new with you.

MONDAY THROUGH FRIDAY, 4:00 - 5:30 PM



Tai Chi

Tai chi is an ancient Chinese tradition that is great for battling stress and anxiety and improving balance and flexibility. Make it a regular practice and see the results. FRIDAYS, 11:30 AM



Are you getting the most out of your techy gadget? Get expert help with setting it up or some tips for using it. FRIDAYS at 3:00 PM