

ECHO LAKE

*What's Happening at
the Welcome Center*

JULY 2018

All events and programs are complimentary and you are always welcome to bring a friend.

Just RSVP by calling **484-568-4777**.

Lincoln Court Shopping Center: 235 Lancaster Avenue, Malvern



SAGE LIFE | Living to the Power of You



Pickleball

The fun sport with the funny name! We've set up an indoor court. Don't know how to play? No problem. All skill levels welcome for this fun weekly session.

MONDAYS, 11:00 AM



Watercolor

Yes, you can! Everyone can be an artist. Come fall in love with the simplicity and beauty of watercolor painting. Taught by Beth Clark, MFA, Pennsylvania Academy of Fine Arts. **MONDAYS, 3:00 PM**



Happy Hour

Pop in (no RSVP required) and have a glass of wine, beer, or a soft drink and learn what's new at Echo Lake or tell us what's new with you.

MONDAY THROUGH FRIDAY, 4:00 – 5:30 PM



Tai Chi

Tai chi is an ancient Chinese tradition that is great for battling stress and anxiety and improving balance and flexibility. Make it a regular practice and see the results. **FRIDAYS, 11:30 AM**



Tech 101

Are you getting the most out of your techy gadget? Get expert help with setting it up or some tips for using it. **FRIDAYS at 3:00 PM**

SPECIAL EVENTS

A Stepford Wife

Carole Mallory

Actress, model, author, muse to Norman Mailer...Mallory has many tales to tell.

Tuesday, July 17, 2 PM

Jong-ie Jopgi

It's Korean Origami!

Come learn how in a special workshop with paper folding artist Kyong Yi.

Tuesday, July 24, 6 PM

Join us for an Enlightening Brunch

Thursday, July 19 at 11 AM

Learn all about options in retirement living and discover Echo Lake... enjoy a catered brunch, too.