



The **Maples**
of Towson

An Assisted Living Community

**Big enough to count on,
small enough to care.**



What is important to you
right now?

That is the simple question that defines The Maples difference.

Since 1995, our big yellow house on the hill in the heart of Towson has been providing personalized care, intimate, sophisticated surroundings, and unparalleled hospitality.

We recognize that needs and desires change. Our uniquely inclusive concept of care enables you to create a lifestyle that is as individual as you are.

We are big enough to count on, small enough to care. 🌿



Staying Connected

The Maples keeps you connected to the community you love and the friends and family you cherish, while building new friendships at a place you'll be proud to call home.

Celebrating life every day is part of the Maples experience.



So proud of my granddaughter.



Picking up pastels again for the first time in years.



In the heart of Towson, across from the University and central to everything.



Towson Lifestyle as Individual as You

Our team is always there to provide a hand with the daily activities that can get in the way of enjoying each day.

The Concierge is the heart of the Maples lifestyle — personal assistance, at your fingertips.

Appointments, questions, we can help.

Enjoy comfortable, cozy spaces, ideal for friendly conversation. You can sit and enjoy our beautiful large aquarium or relax on our southern style, wrap-around porch. It is always a good day at the Maples. 🍀



A Slice of Life at the Maples of Towson...

Sunday:

Do a little gardening or enjoy a piano concert in the Aquarium Room.



Monday:

Host your daughter for a leisurely dinner.



Tuesday:

Hop on the bus with "Lunch Bunch" and head out to a popular lunch spot. Later, join us for our Daily Social.



Wednesday:

Stretch and strengthen in a Move for Life fitness class in the morning.

Thursday:

Chat with neighbors on the front porch. Later, liven up your day at "Happy Hour."

Friday:

Express your creativity during art class and then sit in on an interesting talk about Baltimore history with a guest speaker.

Saturday:

It's the weekend! Relax with a puzzle and enjoy the O's game on TV.



Distinctive Dining

No matter what kind of food you enjoy, the menu is always right. Our “My Time Dining” option allows you to enjoy favorites whenever you want them. Count on seasonal, chef-prepared meals featuring vegetables grown in our very own organic garden. 🌿





Care as you need it

Living life on your own terms shouldn't stop when you need supportive care. Our inclusive care system is designed to meet your needs. We offer a full spectrum of services, from intermittent checkups to routine daily support, as well as a dedicated team of care providers and on-site Wellness Nurse.

Our state-of-art electronic recordkeeping and E-medical system enables communication and direction from our doctors, nurse practitioners, and the Greater Baltimore Medical Center. And, our emergency response security system gives you and your family the comfort of knowing that help is just minutes away.

Through our Sage Advice Program, we oversee the coordination of your care – from managing your medications to arranging transportation for doctor and diagnostic visits outside the community. 🌿



Move for Life

Overseen by our full-time, on-site Move for Life Coordinator with the support of our Medical Director, we provide physical and occupational therapies, speech therapy, lab services, pain management and more.

Our signature “Move for Life” program improves strength, balance, and flexibility – key components for aging well.

It’s all part a personal health plan that keeps your wellness goals in sight. 🌿





Discover a world of
comfort...

You'll discover a world of comfort in a sophisticated setting at the Maples of Towson.

Our intimate, exclusive community boasts 59 apartments, each with a unique floor plan. 

At the Maples of Towson you'll enjoy...

- Your choice of studio, one or two room apartments.
- All utilities, including cable TV, phone and WiFi Internet are included.
- Great views of Towson including the University.
- Housekeeping, laundry, maintenance, lawn services and snow removal – strike them off your “to do” list. We are happy to have them on ours!
- Sage Advice, the thoughtful counseling and support available to you and your family, when you need it.



Family  HOME Wellness



Why the Sage family?

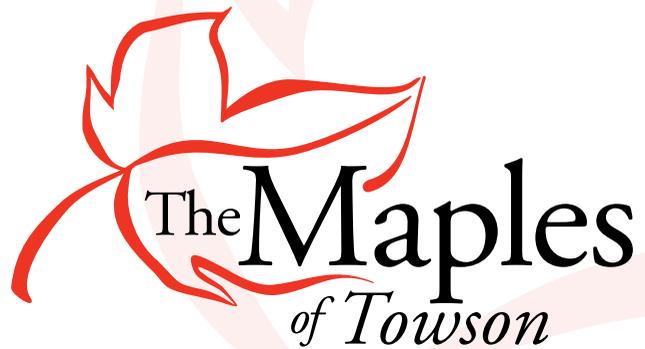
At the Maples of Towson, you will know the boss!

You will always have access to the people who make the decisions.

Sage Senior Living's founders were pioneers in senior living.

Sage's mission is to create a vibrant lifestyle around supportive living – one that honors our residents' desires and recognizes their ever-changing needs.

At our big yellow house on the hill, we embrace these values and are dedicated to earning our reputation every day. Visit us and see for yourself why so many choose the Maples of Towson. 🌿



The **Maples**
of Towson

A Sage Senior Living Community

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TheMaples-Towson.com

